

**Sunday, June 14, 2020** 

Title: "How to Worship When Life is Caving In"

Text: Psalm 57

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**BIG IDEA:** The light of true worship of God often shines brightest and most authentically during the contrast of dark and difficult times.

Worship instruction for "Spelunking" in life's "caves".

- 1) Worship only happens when I **humble** myself under the hand of God. (v. 1)
- 2) Worship only happens when I **hope** in the purposes of God. (v. 2-4)
- 3) Worship only happens when I **honor** the glory of God. (v. 6-11)

The greatest treasure I can discover in "life's caves" is a **closer connection** to my God.

## **Personal Study/Application Questions:**

- Why do you think it is so hard for most of us to humble ourselves before God when that is the very step that takes us closest to His presence?
- This Psalm (v. 2) reminds us that God has a purpose to fulfill in us. Review Philippians 1:6 and recall ways that you have seen God's good plans unfold for you in the past, and then express a prayer of trust in God for your future.
- What are some ways that you could "wake up your soul" for worship during times when your feelings may not seem to be motivated for glorifying God?
- Read Romans 11:33-36 and list a couple of "rich treasures about God" that you have learned while in a recent cave-like experience in life.

